

APPETIZERS

SMOKY CARROT HUMMUS **N** // 13.5
topped with extra virgin olive oil, smoked almonds
& cilantro, served with fresh veggies // CONTAINS NUTS

AVOCADO TOAST // 9
whole wheat bread, fresh avocado, extra virgin
olive oil, sea salt, everything bagel seasoning &
toasted sunflower seeds

HG CHIPS & QUESO **N** // 12
spicy vegan queso topped with avocado
& green onion // CONTAINS NUTS

CHIPS & SALSA // 6
warm roasted red salsa

COCHINITA NACHOS // 14
mexican pulled pork, pepper jack, salsa,
avocado, cilantro & green onion

HG CRANBERRY - PECAN MUFFINS **N** // 11
warm GF muffins served with housemade
strawberry jam // CONTAINS NUTS

SALADS

add: grilled TX chicken breast +5 // grilled TX gulf shrimp +7 // grilled scottish salmon +12
egg +2.5* // uncured bacon +2.5

SHAVED BRUSSELS SALAD **N** // 11
brussels, kale, smoked almonds & dried
cherries in sabine creek TX honey-mustard
vinaigrette // CONTAINS NUTS

HG KALE CAESAR * // 11
kale, warm garlic-chickpea croutons & pecorino
romano in HG caesar dressing

HG RANCH WEDGE * // 12
baby iceberg, HG ranch, everything bagel
seasoning, avocado, tomato, green onion, fresh dill

AHI TUNA POKE * // 20
avocado, cucumber, green onion, sushi rice,
sesame-kale, spicy chile mayo & crispy rice

GRILLED CHICKEN CHOPPED * // 18
crispy uncured-cherry smoked pork belly,
pecorino romano, egg, tomato, pickled sweet
eppers, shredded carrots & crispy shallots in
HG ranch

SOUPS

BISON CHILI
CUP 6 | BOWL 10
our award winning chili made with spicy
chiles, ground bison, black, pinto & kidney
beans, topped with cheddar & green onion

CURRIED SWEET POTATO
CUP 4 | BOWL 7
topped with fresh pomegranate seeds, crispy
brussels & pumpkin seeds

MEAT & BREAD

served with your choice of fries or shaved brussels salad **N** , fresh fruit +1, kale caesar +1
cup curried sweet potato soup +1, cup bison chili +2
add: egg +2.5 *// uncured bacon +2.5 // substitute gluten-free bun +3 // avocado +2

THE BACKYARD BURGER * // 14
all-natural kansas city kobe beef, yellow cheddar,
creamy mustard, shaved sweet onions, dill pickles,
shredded lettuce & tomato

QUINOA BURGER **N** // 13
housemade quinoa burger, smoky carrot hummus,
smashed avocado, kalamata tapenade, arugula
& tomato

COCHINITA PIBIL TACOS * // 13.5
mexican pulled pork, bbq sauce, smoked corn slaw
& dill pickles on flour tortillas

corn tortillas available upon request

CRISPY HONEY - MUSTARD CHICKEN // 14.5
sabine creek TX honey mustard, brussels slaw
& dill pickles

CRISPY RANCH CHICKEN // 14.5
sharp white cheddar, HG ranch, shredded
lettuce & tomato

BUNLESS BURGER BOWL

roasted portobello mushroom, white cheddar, sunny side egg, smashed avocado, dill
pickles, shredded lettuce, tomato, spicy chile mayo

kobe beef burger // 16 quinoa burger **N** // 14

N contains nuts

*Be advised: consuming raw or undercooked meats, poultry, seafood, shellfish or
eggs may increase your risk of foodborne illness.

BREAKFAST

HG BREAKFAST PLATE * // 13
two scrambled eggs, sweet potato hash, green salad & multi-grain toast with housemade strawberry jam & choice of uncured bacon or heritage pork breakfast sausage patties

CHICKEN FRIED CHICKEN * // 14
sweet potato hash, two over easy eggs, mushroom gravy & green salad

HUEVOS RANCHEROS * // 13
crispy corn tostadas, chile-braised black beans, salsa, two sunny side eggs, sweet potato hash, avocado, pickled red onions & cilantro

HG STEAK & EGGS * // 18
grilled hanger steak, two sunny side eggs, sweet potato hash, green salad & thick sliced tomatoes with olive oil & sea salt

SIDES

Heritage Pork Breakfast Sausage // 5 Sweet Potato Hash // 8
Uncured Bacon // 3 Two Eggs* // 5

served with sweet potato hash, shaved brussels salad **N** or fresh fruit +1

BACON BREAKFAST ON A BUN * // 14
bacon, egg, sharp white cheddar, garlic aioli & tomato on brioche

SAUSAGE BREAKFAST TACOS * // 13
heritage pork breakfast sausage, scrambled eggs, pepper jack & cilantro on flour tortillas, salsa on the side

corn tortillas available upon request

BOWLS

choose a HUNTED protein, then choose a GATHERED signature base or build your own bowl

HUNTED

meatless // 13 grilled scottish salmon* // 22 mexican pulled pork // 15
quinoa "meatballs" **N** // 14 grilled TX gulf shrimp // 18 grilled hanger steak* // 19
grilled TX chicken breast // 16 KC kobe beef burger* // 15

GATHERED

THE YELLOW CURRY
sweet potato, cauliflower, baby kale & grape tomatoes in yellow coconut curry broth topped with cucumber-cilantro-mint relish, green onion & sliced red chiles

THE TEX MEX
quinoa, black beans, salsa, sautéed red bell pepper & onion, avocado, pineapple pico & tortilla chips

THE STIR FRY
broccoli, mushrooms, snap peas, red bell pepper, carrots, edamame & red onion sautéed in tamari & sesame, topped with toasted sesame seeds

THE STACK * **W**
TX bibb lettuce, tomato, sweet potato hash, avocado & an over-easy egg

THE FRIED "RICE" *
cauliflower fried rice with broccoli, shredded carrots, edamame & green onions sautéed in tamari & sesame with honey-garlic brussels sprouts & a sunny side egg

BUILD YOUR OWN

CHOOSE 2 BASES
pistachio - dill snap peas **N**
cauliflower mash
summer street corn
honey - garlic brussels sprouts
sweet potato hash
grilled avocado
chile - garlic broccoli
chile - braised black beans
brown rice
quinoa

CHOOSE 1 EXTRA
salsa
HG ranch *
garlic aioli *
spicy chile mayo *
chimichurri
smashed avocado
valentina aioli *

Whole30 Approved®

ENTREÉS

BUNLESS BURGER + CAESAR WEDGE* // 21

kansas city kobe beef burger topped with chimichurri "butter" griddled onions, uncured bacon & a sunny side egg, served with romaine wedge salad with grilled avocado, tomato, HG caesar & green onion

TUSCAN SALAD // 11

add grilled chicken + 5
lacinato kale, radicchio, shaved fennel, black radish, shallot, italian almond crumb & red wine vinaigrette

BUILD YOUR OWN BOWLS

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HUNTED

meatless // 13

grilled TX chicken breast // 16

grilled TX gulf shrimp // 18

KC kobe beef burger* // 15

grilled scottish salmon* // 22

grilled hanger steak* // 19

GATHERED

CHOOSE 2 BASES

cauliflower mash

crispy brussels sprouts

sweet potato hash

plain grilled avocado

chile - garlic broccoli

CHOOSE 1 EXTRA

salsa

garlic aioli *

chimichurri

smashed avocado

valentina aioli *

EATtoLIVEtoEAT