

LUNCH/DINNER

all items may be prepared  
gluten & dairy free

APPETIZERS

**TUNA TOASTADAS // 16**  
ahi tuna, jalapeño – cilantro pesto, lime, smashed  
avocado, shaved radish & fresno chiles on crispy  
corn tostada

**COCHINITA NACHOS // 14**  
mexican pulled pork, pepper jack, salsa,  
avocado, cilantro & green onion

**HG CHIPS & QUESO  // 12**  
spicy vegan queso topped with avocado  
& green onion // CONTAINS NUTS

**BISON CHILI FRITO PIE // 12**  
bison chili, over fritos with shredded cheddar,  
sour cream, pickeled jalapeños & green onion

SNACKS

**CHIPS & SALSA // 3**  
warm roasted red salsa

**CHIPS & GUACAMOLE // 4**  
avocado, cilantro, tomato, red onion,  
jalapeño, lime

**HUMMUS & VEGGIES  // 6**  
snap peas, baby cucumber,  
rainbow carrots & tomatos

SALADS

add: grilled TX chicken breast +5 // grilled TX gulf shrimp +7 // grilled scottish salmon +12  
egg +2.5\* // uncured bacon +2.5

**SHAVED BRUSSELS SALAD  // 11**  
brussels, kale, smoked almonds & dried  
cherries in sabine creek TX honey-mustard  
vinaigrette // CONTAINS NUTS

**HG KALE CAESAR \* // 11**  
kale, warm garlic-chickpea croutons & pecorino  
romano in HG caesar dressing

**HG RANCH WEDGE \* // 12**  
baby iceberg, HG ranch, everything bagel  
seasoning, avocado, tomato, green onion, fresh dill

**GRILLED CHICKEN CHOPPED \* // 18**  
crispy uncured-cherry smoked pork belly,  
pecorino romano, egg, tomato, pickled sweet  
eppers, shredded carrots & crispy shallots in  
HG ranch

**AHI TUNA POKE \* // 20**  
avocado, cucumber, green onion, sushi rice,  
sesame-kale, spicy chile mayo & crispy rice

SOUPS

**BISON CHILI**  
CUP 6 | BOWL 10  
our award winning chili made with spicy  
chiles, ground bison, black, pinto & kidney  
beans, topped with cheddar & green onion

**CURRIED SWEET POTATO**  
CUP 4 | BOWL 7  
topped with fresh pomegranate seeds, crispy  
brussels & pumpkin seeds

MEAT & BREAD

served with your choice of fries or shaved brussels salad  , fresh fruit +1, kale caesar +1  
cup curried sweet potato soup +1, cup bison chili +2  
add: egg +2.5 \*// uncured bacon +2.5 // substitute gluten-free bun +3 // avocado +2

**THE BACKYARD BURGER \* // 14**  
all-natural kansas city kobe beef, yellow cheddar,  
creamy mustard, shaved sweet onions, dill pickles,  
shredded lettuce & tomato

**QUINOA BURGER  // 13**  
housemade quinoa burger, smoky carrot hummus,  
smashed avocado, kalamata tapenade, arugula &  
tomato // CONTAINS NUTS

**COCHINITA PIBIL TACOS \* // 13.5**  
mexican pulled pork, bbq sauce, smoked corn slaw &  
dill pickles on flour tortillas

corn tortillas available upon request

**CRISPY HONEY - MUSTARD CHICKEN // 14.5**  
crispy chicken breast, brussels & kale slaw,  
honey mustard & dill pickles

**CRISPY RANCH CHICKEN // 14.5**  
sharp white cheddar, HG ranch, shredded lettuce  
& tomato

**TURKEY SANDWICH // 14.5**  
shaved all - natural turkey, white cheddar,  
giardiniera, pesto mayo, spicy cherry pepper relish  
& arugula

BUNLESS BURGER BOWL

roasted portobello mushroom, white cheddar, sunny side egg, smashed avocado, dill  
pickles, shredded lettuce, tomato, spicy chile mayo

kobe beef burger // 16      quinoa burger  // 14

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BOWLS

choose a HUNTED protein, then choose a GATHERED signature base or build your own bowl

HUNTED

- meatless // 13

quinoa "meatballs" **N** // 14

grilled TX chicken breast // 16
- grilled scottish salmon\* // 22

grilled TX gulf shrimp // 18

KC kobe beef burger\* // 15
- mexican pulled pork // 15

grilled hanger steak\* // 19

GATHERED

THE YELLOW CURRY

sweet potato, cauliflower, baby kale & grape tomatoes in yellow coconut curry broth topped with cucumber-cilantro-mint relish, green onion & sliced red chiles

THE TEX MEX

quinoa, black beans, salsa, sautéed red bell pepper & onion, avocado, pineapple pico & tortilla chips

THE STIR FRY

broccoli, mushrooms, snap peas, red bell pepper, carrots, edamame & red onion sautéed in tamari & sesame, topped with toasted sesame seeds

THE STACK \* **W**

TX bibb lettuce, tomato, sweet potato hash, avocado & an over-easy egg

THE FRIED "RICE" \*

cauliflower fried rice with broccoli, shredded carrots, edamame & green onions sautéed in tamari & sesame with honey-garlic brussels sprouts & a sunny side egg

BUILD YOUR OWN

CHOOSE 2 BASES

- pistachio - dill snap peas **N**
- cauliflower mash
- summer street corn
- honey - garlic brussels sprouts
- sweet potato hash
- grilled avocado
- chile - garlic broccoli
- chile - braised black beans
- brown rice
- quinoa

CHOOSE 1 EXTRA

- salsa
- HG ranch \*
- garlic aioli \*
- spicy chile mayo \*
- chimichurri
- smashed avocado
- valentina aioli \*

FAMILY STYLE SIDES

- pistachio - dill snap peas **N** // 8

cauliflower mash // 8

summer street corn // 8
- honey - garlic brussels sprouts // 8

sweet potato hash // 7

chile - garlic broccoli // 8

french fries // 5
- chile - braised black beans // 5

brown rice // 5

quinoa // 6

SWEETS

PLANT BASED GELATO

mini \$4 | regular \$6

Ask your server about our rotating flavors!

all gelato flavors are made dairy free, **N** some flavors may contain nuts

## Whole30 Approved®

### ENTREÉS

#### BUNLESS BURGER + CAESAR WEDGE\* // 21

kansas city kobe beef burger topped with chimichurri "butter" griddled onions, uncured bacon & a sunny side egg, served with romaine wedge salad with grilled avocado, tomato, HG caesar & green onion

#### TUSCAN SALAD // 11

add grilled chicken + 5  
lacinato kale, radicchio, shaved fennel, black radish, shallot, italian almond crumb & red wine vinaigrette

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#### GATHERED

##### CHOOSE 2 BASES

cauliflower mash

crispy brussels sprouts

sweet potato hash

plain grilled avocado

chile - garlic broccoli

##### CHOOSE 1 EXTRA

salsa

garlic aioli \*

chimichurri

smashed avocado

valentina aioli \*

# EATtoLIVetoEAT